



State of Tennessee Department of Children's Services

Administrative Policies and Procedures: 20.11

Subject: Health Education

Supersedes: DYD 12.5, 07/01/94

Local Policy: No

Local Procedures: No

Training Required: No

Approved by:

Effective date: 03/01/98

Revision date:

Application

To Superintendents, Health Administrators, and Health Care Staff.

Authority: TCA 37-5-106

Policy

Each facility shall develop health education programs for youth consistent with the needs of the facility and the available health care personnel.

Procedures

A. Orientation

1. Informing youth of health status

The health care providers at each facility must ensure that each youth is fully informed of any specific health problems he or she may have. The youth must be oriented to

- ◆ the nature of his/her illness
- ◆ the prognosis
- ◆ the care of the illness, including medications and the need for periodic or follow-up care.

2. Teaching self-care

Health care staff should place particular emphasis on teaching those self-care activities that the youth can accomplish to positively influence his/her health, such as dental and personal hygiene, grooming, and general health care.

- B. Health education** The superintendent or designee must ensure that the health education is documented. Form CS-0209, *Health Education Roster* may be used as well as progress notes, IPP's, group session reports, etc., for documentation of health education.

Forms

CS-0209 Health Education Roster

Collateral Documents

None

Standards

3JTS-4C-36